



Llywodraeth Cynulliad Cymru  
Welsh Assembly Government

To: Interested Parties

13 May 2011

Dear Colleagues,

### **The Child Measurement Programme (Wales) Regulations 2011 No. 985 (W.142)**

I am writing to advise you that the above Regulations were made by the National Assembly for Wales on 24 March 2011 and will come into force on 1 August 2011.

These Regulations provide the legal framework to implement a programme of heights and weight measurements of reception and year 4 children in Wales.

Currently there is no national programme of childhood measurements in Wales; many Local Health Boards record height and weight but this is carried out at different ages. Data collected are not recorded or analysed centrally. In addition, there is no quality control of these measurements, with different qualities of equipment and variation in levels of training of those taking the measurements seen across Wales.

The programme to be introduced by these Regulations will standardise current practice and allow more accurate monitoring of childhood obesity levels in Wales. This will enable better targeting of services, provide data to inform targets and contribute to the measurement of the impact of two of the priorities in Our Healthy Future: increasing participation in physical activity and reducing unhealthy eating.

In parallel with the Regulations Directions were made that require that Local Health Boards in Wales and Public Health Wales National Health Service Trusts co-operate to facilitate the performance and delivery of the Child Measurement Programme for Wales. A copy of the Directions can be found at;

<http://wales.gov.uk/legislation/subordinate/nonsi/nhswales/2011/4927618/?lang=en>

Copies of these regulations can be obtained from Her Majesty's Stationery Office (Tel: 0870 600 5522, Web Site: <http://www.legislation.gov.uk/>) Ref No. 985 (W.142).

Yours faithfully,

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