

## WELSH INFORMATION STANDARDS BOARD

<b>DSC Notice:</b>	DSCN 2021 / 18
<b>Date of Issue:</b>	26 <sup>th</sup> May 2021

<b>Ministerial / Official Letter:</b> None	<b>Subject:</b> Smoking Cessation Services Data Collection (AMD)
<b>Sponsor:</b> Stephanie Barnhouse, Head of Risk Behaviours, Welsh Government	
<b>Implementation Date:</b> 1 <sup>st</sup> April 2021	
<b>DATA SET CHANGE NOTICE</b>	
<p>A Data Set Change Notice (DSCN) is an information mandate for a new or revised information standard.</p> <p>This DSCN was approved by the Welsh Information Standards Board (WISB) at its meeting on 20<sup>th</sup> May 2021</p> <p><b>WISB Reference:</b> ISRN 2020 / 005</p>	
<b>Summary:</b>	
<p>To amend the existing Smoking Cessation Services data collection standard to reflect the programme change to Help Me Quit in October 2019 and the impact of COVID-19.</p>	
<b>Data sets / returns affected:</b>	
<p>Smoking Cessation Services Data Collection DSCN 2013/08</p>	
<p>Please address enquiries about this Data Set Change Notice to the Data Standards Team in NHS Wales Informatics Service E-mail: <a href="mailto:data.standards@wales.nhs.uk">data.standards@wales.nhs.uk</a> / Tel: 029 2050 2539</p>	
<p>The Welsh Information Standards Board is responsible for appraising information standards. Submission documents and WISB Outcomes relating to the approval of this standard can be found at: <a href="http://howis.wales.nhs.uk/sites3/page.cfm?orgid=742&amp;pid=24632">http://howis.wales.nhs.uk/sites3/page.cfm?orgid=742&amp;pid=24632</a></p>	

## **DATA SET CHANGE NOTICE**

### Introduction

The smoking cessation services data collection was introduced in 2013 to enable Local Health Boards to provide quarterly data to the Welsh Government to enable measurement of performance against the Tier 1 target (2013/14) for 5 per cent of the smoking population to be treated by NHS smoking cessation services.

The national performance measure for smoking cessation services is designed to achieve the National Institute for Clinical Excellence recommendation for smoking cessation services to treat 5 per cent of the smoking population on an annual basis.

### Description of Change

To amend the existing Smoking Cessation Services data collections standard to reflect the programme change to Help Me Quit in October 2019. The aim of the Standard remains to support performance monitoring against the Welsh Government Delivery Framework performance targets.

The impact of COVID-19 has also resulted in CO-validation, as a method of assessing whether treated smokers have successfully quit smoking, being discontinued. In order to continue to monitor the effectiveness of smoking cessation services treated smokers who are followed up at their 4 week post quit date and self-reported as successfully quitting will be collected instead.

### Data Dictionary Version

Where applicable, this DSCN reflects changes introduced by DSCN and/or DDCN since the release of version 4.11 of the NHS Wales Data Dictionary.

The changes introduced by such DSCNs will be published in version 4.12 of the NHS Wales Data Dictionary.

### Actions Required

Local Health Boards:

- Local Public Health Leads are required to collate data for each of the Smoking cessation services and submit quarterly completed Smoking Cessation Services Data Collection forms to the Welsh Government's Delivery & Performance Division and the Tobacco Policy inboxes by the deadlines specified in the form in accordance with the definitions set out in this DSCN.

Actions for the Welsh Government's Tobacco Policy Branch:

- On an annual basis, make the form available for Local Health Boards to complete and notify them of the quarterly deadlines for the submission of data.
- On a quarterly basis, provide analyses back to Local Health Boards to show activity for their resident population.

Actions for the Welsh Government's Delivery and Performance Division:

- Report performance against the NHS Delivery Framework performance measures.

**Appendix A: Table reflecting areas that are impacted as a result of this DSCN**

The following table shows all the data sets, data items, terms and other associated areas that are linked with the changes documented within this DSCN.

Each data definition type is listed in alphabetical order and is shown in the sequence in which it appears in this DSCN.

<b>Data Definition Type</b>	<b>Name</b>	<b>New/Retired/Changed</b>	<b>Page Number</b>
Aggregate Proforma	Smoking Cessation Services Data Collection	Changed	4

## **Appendix B: Highlighted changes to be made to the NHS Wales Data Dictionary**

Changes to the NHS Wales Data Dictionary are detailed below, with new text being highlighted in **blue** and deletions are shown with a ~~strikethrough~~. The text shaded in **grey** shows existing text copied from the NHS Wales Data Dictionary.

### **Smoking Cessation Services Data Collection**

#### **Return Submission Details**

The Smoking Cessation Data Collection form is collected quarterly in order to provide Welsh Government with information about Smoking Cessation Services.

~~The form should be completed by each Local Health Board (LHB) and submitted to the Welsh Government Tobacco Policy Branch, by the specified deadline, as outlined in the form~~

~~[TobaccoPolicyBranch@wales.gsi.gov.uk](mailto:TobaccoPolicyBranch@wales.gsi.gov.uk)~~

~~The latest version of each form is available on the HOWIS Website:~~

~~For all users – <http://howis.wales.nhs.uk/sitesplus/407/document/328052>~~

~~Any further queries regarding the data collection forms should be directed to the Tobacco Policy Branch, Welsh Government, via e-mail: [TobaccoPolicyBranch@wales.gsi.gov.uk](mailto:TobaccoPolicyBranch@wales.gsi.gov.uk)~~

The form should be completed by each Local Health Board and submitted to the Welsh Government Tobacco Policy Branch Welsh Government's Delivery & Performance Division and the Tobacco Policy inboxes:

[hss.performance@gov.wales](mailto:hss.performance@gov.wales) and [TobaccoPolicy@gov.wales](mailto:TobaccoPolicy@gov.wales)

by the deadlines specified in the form in accordance with the definitions set out in this DSCN. Any queries regarding the data collection forms should also be directed to those inboxes.

The latest version of each form is available on the Welsh Government's Performance Management Website:

<http://howis.wales.nhs.uk/sitesplus/407/home>

#### **Scope**

Data is required to be reported separately by the following smoking cessation service providers where the service exists:

~~Stop Smoking Wales  
Pharmacy Level 3  
In House Hospital  
GP~~

Help Me Quit (HMQ) - Community  
Help Me Quit (HMQ) - Pharmacy Level 3  
Help Me Quit (HMQ) - Hospital Services  
Help Me Quit (HMQ) for Baby

A Smoking Cessation Service provides evidence-based behavioural support and advice to smokers who are motivated to attempt to stop smoking. This includes the dedicated specialist national ~~Stop Smoking Wales service~~ **Help Me Quit Service**, Level 3 smoking cessation services delivered ~~by~~ **in** community pharmacies and any 'in-house' services which are available in hospitals and GP surgeries in Wales. **All services should be provided in line with the Help Me Quit Minimum Standards.**

The following are integral components of a smoking cessation service:

- Provide behavioural support
- Are an NHS supported service
- Dedicated time to deliver group and/ or 1:1 support which is:
  - o For a series of planned/scheduled sessions in which a target quit date is set and support provided throughout the quit attempt through multi-session, structured behavioural support
  - o Provided in conjunction with an offer of pharmacotherapy
  - o With follow-up of the client at one month post quit date, ~~CO-validated~~, with outcomes recorded.

Brief interventions are simple opportunistic advice and encouragement to stop smoking, which usually last for around 5 to 10 minutes, and are provided by a wide range of health professionals. This includes an assessment of the patient's current commitment to attempt to quit, provision of information about the availability of pharmacotherapy and behavioural support, and referral to more intensive support from a smoking cessation service. Brief interventions are not classified as a smoking cessation service **and are excluded from this data collection.**

## Information Requirements

### 1. Number of smokers treated by the smoking cessation service during the quarter (quarterly count)

This is the number of smokers who undergo at least one treatment session with support from a stop smoking advisor as part of their *quit attempt* during the quarter.

### 2. Number of treated smokers followed up at their 4 week post quit date and who were **self-reported** ~~CO-validated~~ as successfully quitting during the quarter (quarterly count)

Of those reported in count 1, this is the number of smokers who were **self-reported** ~~CO-validated~~ as successfully quit.

**Note:** A smoker is counted as a 'self-reported 4-week quitter' if s/he is a 'treated smoker', is assessed (face to face, by postal questionnaire or by telephone) 4 weeks after the designated quit date (minus 3 days or plus 14 days) and declares that s/he has not smoked even a single puff on a cigarette in the past 2 weeks.

Please refer to the Smoking Cessation Services Data Collection form for guidance notes and definitions to support the Data Collection.

The above measures are recorded for each of the Help Me Quit (HMQ) Smoking Cessation Services. Supporting definitions for these measures are given below:

### Smoker

A smoker is someone aged 16 or over who smokes a tobacco product at least once a week. A smoked tobacco product is any product that contains tobacco and produces smoke. This includes cigarettes (hand-rolled or tailor-made), cigars and pipes. Pipes include shisha,

hookah, narghile and hubble-bubble pipes. It does not include any nicotine containing products which do not contain tobacco, such as electronic cigarettes.

### **Quit Attempt**

A quit attempt is where a smoker makes a firm commitment to give up smoking on a certain date. The actual quit date is the date on which a smoker plans to stop smoking altogether with support from a Help Me Quit adviser as part of a smoking cessation services assisted quit attempt. Quit attempts for community, pharmacy and hospital services are always set during the first stop smoking session. For the Help Me Quit Telephone Support, they are set during the second stop smoking session (this is in line with Minimum Service Standard 6 and because the intervention is 'front loaded' with sessions during the first week). Smokers who attend an initial assessment session but fail to attend a treatment session are not counted.

### **Treated Smoker**

A treated smoker is a smoker who undergoes at least one treatment session with support from a stop smoking adviser as part of their quit attempt. A smoker does not have to complete the full smoking cessation programme to become a treated smoker.

### **Help Me Quit - Community**

Meets the definition of a *Smoking Cessation Service* and is provided face-to-face in a community venue or over the telephone/video calling by a trained advisor or by a GP. It excludes services delivered through Pharmacy Level 3.

### **Help Me Quit – Pharmacy Level 3**

Meets the definition of a *Smoking Cessation Service* and is provided in/from a community pharmacy, in line with the *NHS Smoking Cessation Pharmacy – Level 3 Enhanced Service Specification* ([http://www.cpwales.org.uk/getattachment/Services-and-commissioning/Enhanced-Services/Stop-Smoking-Services/Help-Me-Quit-@-Pharmacy-Service-Specification-31-Jan-2020-\(1\).pdf.aspx?lang=en-GB](http://www.cpwales.org.uk/getattachment/Services-and-commissioning/Enhanced-Services/Stop-Smoking-Services/Help-Me-Quit-@-Pharmacy-Service-Specification-31-Jan-2020-(1).pdf.aspx?lang=en-GB))

### **Help Me Quit – Hospital Services**

Meets the definition of a *Smoking Cessation Service* and is provided face-to-face in a hospital, by a trained advisor. It excludes services delivered through Pharmacy Level 3.

### **Help Me Quit for Baby**

Meets the definition of a *Smoking Cessation Service* and is provided to a pregnant woman who smokes, by a trained advisor. This is a dedicated support service for pregnant women who smoke. This service is not universally available and where not available, pregnant women who smoke may be treated through any of the other HMQ Services (i.e. Community, Pharmacy Level 3 or Hospital)